

**See Us,  
Support  
Us**



**1 in 28**

**Children in the U.S.  
have an incarcerated  
parent on any given  
day. That's 2.7 million  
children, nationwide.**



## SEE & SUPPORT Children of Incarcerated Parents this October

Friends Outside, on behalf of the Bill of Rights for children of incarcerated parents, invites you to join **SEE US, SUPPORT US**, a month long campaign to increase visibility of children of incarcerated parents. By taking the **See Us, Support Us Pledge** and learning how to support these children, you can help them succeed and lessen the stigma they face.

Take the **SEE US,  
SUPPORT US** Pledge this  
October at  
[www.osborneny.org/susu](http://www.osborneny.org/susu)

and start cultivating a  
bright and promising  
future for a generation of  
young people.

- Use language that recognizes the humanity of incarcerated people using the term “parents” and “people” who are incarcerated, rather than “inmate” and “criminal.” **#wordsmatter**
- Celebrate their resiliency! Share stories of their strengths and accomplishments despite their parent’s incarceration.
- Join the **See Us, Support Us** conversation:
  - Download the Social Media Guide for tips about how to join and share the conversation.

Children of incarcerated parents can succeed despite challenges when provided with supports and opportunities. We honor and nurture their resilience, and strive to lessen the stigma they face.